



*Serving the Children of the World*

**Week of June 07, 2011**

**The Weekly Newsletter  
Of  
Kiwanis Club of Barbados South**

P. O. Box 1384, Bridgetown, Barbados

*Meeting Place: Southern Palms Beach Club*

*Tuesdays 8:00 p.m.*

*Web page address – [www.kiwanissouth.org.bb](http://www.kiwanissouth.org.bb)*

*Organized: September 26 1989*

*Chartered: March 26 1990*

*E C & C District, Division 27*

*International President: Sylvester Neal*

*Governor EC&C District: Paul Toussaint*

*Lt. Governor Division 27: Louis Sealy*

*Club President: David Rawlins*

*No of members: 67*

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## **REGULAR MEETING AGENDA**

*Southern Palms Conference Room*

June 07, 2011

**Chairman: President David Rawlins**

**8.00 p.m. Call to Order**

- National Anthem
- Invocation – K Trevor
- Objects of Kiwanis
- Welcome to visitors and members
- Apologies for absence
- Correspondence

**8:10 p.m. Treasurer's Break**

**8:20 p.m. Kiwanis Education**  
K Horace

**8.25 p.m. Programme**  
In House Presentation

**9.15 p.m. Kiwanis & Other Business**

**9.25 p.m. Members' Appreciation**

**9.28 p.m. Sergeant-at-Arms**

**9.30 p.m. Adjournment**

## From the President's Desk



Fellow Kiwanians,

*I am indeed happy that we have partnered with Digicel, Harris Paints, Williams Equipment Ltd. and Ravers Band to do some work at the St. Philip District Hospital. It was a great experience for those who were present and I am sure there will be more projects of a similar nature in the future.*

*The month of June is usually our sponsored walk, but this year we are not pursuing the fund raising aspect because of member's involvement in the cake sale etc. just before. However, it is still a grand opportunity to come out, get some exercise and have a great fellowship time at the Miami Beach with God's blessings.*

*May your roots go down deep into the soil of God's marvellous love, and may you be able to feel and understand how long, how wide, how deep and how high his love really is and to experience this love for yourselves, though it is so great that you will never see the end of it. (Ephesians 3:17-19)*

Best wishes

President David R.

### President's Goals - 2010-2011

- To ensure that the club is more readily recognised for the quality of service provided to the community.
- To recruit members who are willing and determined to participate in all club activities.
- To develop programmes that will encourage members' participation, inspiration, and meaningful fellowship.
- To embrace the youth through education thus creating a positive attitude that enhances their leadership skills.

### Club Officers & Chairpersons

President:	David Rawlins	Club Administration:	Trevor Alleyne
President Elect:	Lolene Rawlins	Community Services:	James Burnett
Vice President:	David Legall	Finance & Fundraising:	Anthony Barrow
Secretary:	Veronica Squires	Human Spiritual Values:	Evelyn Dottin
Treasurer:	Desmond Willet	Int'l & Public Relations:	Andrew Sealy
Asst Sect/Treas:	Rhea Welch	Maintenance:	Curtis Forde
IPP:	Grantley Broome	Membership Growth:	Cynthia Alleyne
Directors:	Cynthia Alleyne	Service Leadership:	Desmond Willett
	Trevor Alleyne	YCPO:	Jean Burton
	Horace Burton	Youth Services:	Grantley Broome
	Curtis Forde	Bulletin:	Horace Burton
	Andrew Sealy		

**RECOMMIT TO SERVE**

# The Kiwanis Club of Barbados South

The Kiwanis Club of Barbados South was formed on September 26, 1989. It was chartered with 26 members on the March 26, 1990 by Mr. Carlton E. Levy, District Governor of the Eastern Canada & Caribbean District. The Kiwanis Clubs of Bridgetown and Barbados North sponsored the club making it the third Kiwanis Club in Barbados. K. Dennis Graham was elected Charter President and K. Desmond Willett the Charter Secretary.

Throughout the Club's existence, membership remained all male until April 08, 1999 when officers at the Board of Directors meeting approved a proposal for membership from Mrs. Joycelyn Johnson. K. Joycelyn was inducted on April 20, 1999 as the first female member of this club. The club's female membership now stands at 32.

## Membership List

<i>Cynthia Alleyne</i>	<i>Zelma Daisley</i>	<i>Lucine McClean</i>
<i>Mona Alleyne</i>	<i>Evelyn Dottin</i>	<i>Janelle Morris</i>
<i>Trevor Alleyne</i>	<i>Seymour Douglas</i>	<i>St. Clair Phillips</i>
<i>Evelyn Arnal-Forde</i>	<i>Bradley Fenty</i>	<i>Marketa Pile</i>
<i>Tyrone Ashby</i>	<i>Curtis Forde</i>	<i>Roy Pinder</i>
<i>Janice Atkinson-Hinds</i>	<i>Rondell French</i>	<i>David Rawlins</i>
<i>Fielding Babb</i>	<i>Anthony Garner</i>	<i>Dwight Rawlins</i>
<i>Anthony Barrow</i>	<i>Vere Goodridge</i>	<i>Lolene Rawlins</i>
<i>Avian Bissessar</i>	<i>Shakida Grant</i>	<i>Opal Rawlins</i>
<i>Jeffrey Branch</i>	<i>Shari Greaves</i>	<i>Richard Reid</i>
<i>Owen Branch</i>	<i>Joel Howard</i>	<i>Samuel Sargeant</i>
<i>Grantley Broome</i>	<i>Brenda Hallett</i>	<i>Andrew Sealy</i>
<i>James Burnett</i>	<i>Richard Inniss</i>	<i>Oswald Simmons</i>
<i>Horace Burton</i>	<i>Basil Jessamy</i>	<i>Eleanor Small</i>
<i>Jean Burton</i>	<i>Charles Johnson</i>	<i>Emerson Smith</i>
<i>Andrea Cadogan</i>	<i>Orene Lashley</i>	<i>Veronica Squires</i>
<i>Mitchelle Cadogan</i>	<i>David Legall</i>	<i>Trevor Thomas</i>
<i>Sophia Chase</i>	<i>Sandra Lewis</i>	<i>Alva Ward</i>
<i>Ruth Cherubin</i>	<i>Sherlock Lord</i>	<i>Vanessa Watts</i>
<i>Beverley Clarke</i>	<i>Junior Maloney</i>	<i>Rhea Welch</i>
<i>Maurice Clarke</i>	<i>Ernest Marshall</i>	<i>Desmond Willett</i>
<i>Monica Clarke</i>	<i>John Maxwell</i>	<i>John Wilson</i>
<i>Maxine Codrington</i>		

**67Members**

## Club History

YEAR	PAST PRESIDENTS	PAST SECRETARIES
1989-1991	Denis Graham	Desmond Willett
1991-1992	Jeffrey Branch	Desmond Willett
1992-1993	John Wilson	Shurland Robinson
1993-1994	Enric Connolly	Gregory Hinkson
1994-1995	Oswald Simmons	Samuel Sargeant
1995-1996	Trevor Thomas*	Denis Graham**
1996-1997	Desmond Willett	Maurice Clarke
1997-1998	Basil Jessamy	Samuel Sargeant
1998-1999	Maurice Clarke*	Glenville Morris**
1999-2000	James Burnett*	Desmond Willett**
2000-2001	Richard Reid*	Maurice Clarke**
2001-2002	Ernest Marshall	Grace Wickham
2002-2003	Emerson Smith*	Andrew Sealy**
2003-2004	Anthony Garner	Beverley Clarke
2004-2005	Eleanor Small*	Emerson Smith**
2005-2006	Andrew Sealy*	Zelma Daisley**
2006-2007	Anthony Barrow*	Desmond Willett**
2007-2008	James Marshall*	Desmond Willett**
2008-2009	Veronica Squires*	David Legall**
2009-2010	Grantley Broome	Ramona Smart
	*Distinguished President	**Distinguished Secretary

Distinguished Members		Past Lt. Governors	
2005-2006	James Marshall	2007-2008	Ernest Marshall
2006-2007	Anthony Barrow		
2007-2008	Ernest Marshall		
2007-2008	Cynthia Alleyne		
2008-2009	Veronica Squires		
2008-2009	David Legall		
2009-2010	Grantley Broome		

## **Record of Club Meeting – May 31, 2011**

### **At the Southern Palms Beach Club**

#### **Chairman: President David Rawlins**

The meeting was called to order at 8:20pm with the singing of the National Anthem of Barbados. K. Cynthia Alleyne led the invocation and the Objects of Kiwanis International were repeated.

#### **Attendance**

Kiwanians: Ernest, Tony G, James, Evelyn, Curtis, Trevor A, Andrew, Richard R, Vanessa, Cynthia, Sandra, Rhea, Sophia, Michelle, David R, David L, Lolene, Oswald, Desmond, Tony B, Fielding, Horace, Jean, Janice, Maurice, Emerson, and Veronica.

Also attending were: Mr. Clyde Cox from the Heart & Stroke Foundation, Merlene Harris-Lynch, Sydney Lynch and Zelda Mandere (PAREDOS); Janine Hackett (Vauxhall Primary school) and son Shannon Crichlow; Andre Morris and Marguerita Jordan (Combermere School), Joel Devenoish (Garrison Secondary School) and Tania Lightbourne (B'dos Advocate).

#### **Welcome**

The chairman extended a warm welcome to members and guests.

#### **Apologies**

Apologies for absence were made for Kiwanians Andrea, John, Basil, Brenda, Grantley, Beverley, Shari and Zelma.

#### **Programme**

K. Vanessa Watts introduced the guest speaker, Mr. Clyde Cox. The topic for the evening was "Seizures in adults and children." Mr. Cox distinguished the difference between a medicine chest and a first aid kit by asking the members to describe the items that would be found in a first aid kit. He reiterated that under no circumstances should a sick person be transported to the hospital in a private vehicle. He also recommended that if a child or adult should encounter a seizure, the individual should not be moved but rather towels should be placed

under the head and between the legs. K. Evelyn Dottin presented Mr. Cox with a certificate of appreciation on behalf of the club.

The prizes from the Easter Bonnet Parade and the Steel Band competition were also distributed to the winners.

### **Easter Bonnet Parade**

1<sup>st</sup> prize- Vauxhall primary School (1 DELL computer)

2<sup>nd</sup> prize- PAREDOS Day Nursery (\$500.00 value in books)

3<sup>rd</sup> prize- St. Luke's Brighton (\$250.00 value in books)

Environmental prize- Vauxhall Primary (\$150.00 value in books)

### **Steel Band Competition**

1<sup>st</sup> prize- The Garrison Secondary School (\$750.00)

2<sup>nd</sup> prize- Combermere School (\$350.00)

3<sup>rd</sup> prize- St. George Secondary School (\$250.00)

### **Kiwanis & any other business**

**K. Evelyn, Chairman of Human & Spiritual Values** invited the members to a church service on Sunday June 12<sup>th</sup> at A.M.E. Church, Collymore Rock, St. Michael at 10:00am.

**DP James, Chairman of Community Services** thanked the members for their assistance at the St. Philip District Hospital on Saturday May 28<sup>th</sup>, 2011 and asked for their support on Saturday June 5, 2011.

**President Designate Lolene** thanked the members for electing her as the president for the Administrative year 2011-2012, and announced that DP Veronica will be her secretary and DS Des the advisor, for that period.

### **Members Appreciation**

K. Jean was recognised on the occasion of her birthday.

**Sargeant-at-arms:** Happy dollars collected for the night totalled \$109.50.

### **Adjournment**

The members sang the Kiwanis song and the meeting adjourned at 9.50pm.



# ***KIWANIS AT A GLANCE***

## **Do you know any Distinguished Members?**

As we wrap up the month of May—Membership month—we want to acknowledge those members who have spread the Kiwanis spirit. Have your clubs check their rosters to see if they include any members who have met the Distinguished Member criteria.

1. Sponsor two or more members during current year
2. Attend either a mid-year, zone or regional conference, or registered to attend the international or district conventions
3. Participate in two or more service projects during the year

Every club needs Distinguished Members who "light the fire" for membership and help grow their club!

To register your members, the club president and secretary can fill out the 2010–11 Distinguished Member online form.

Distinguished Members will be awarded a lapel pin and will receive a special thank-you from President Sylvester Neal, which includes a "Light the Fire" lapel pin. This pin is awarded to members who are continuing to grow the Kiwanis organization by sponsoring new members. Special recognition will be bestowed upon these leaders at the 2012 international convention in New Orleans.

Let's get the pins ordered and worn by these members now to inspire others to strive for Distinguished status.

## **Kiwanis magazine's June edition is now online**

The sun never sets on Kiwanis. With clubs in more than 80 countries, Kiwanians serve 24-7-365 all around the world. In the June issue, Kiwanis magazine goes global with stories about Kiwanians who reach beyond their own country's borders to make an international difference, including: *United States to Cambodia and Tanzania* — page 24; *Netherlands to Afghanistan* — page 20; and *Our IDD Legacy*—, page 34. You'll find the June edition as well as archived issues at [www.kiwanismagazine.org](http://www.kiwanismagazine.org).

(Source: [www.kiwanis.org](http://www.kiwanis.org))



# ONGOING PROJECTS/EVENTS

## RED CROSS MEALS ON WHEELS

This programme is coordinated by the Barbados Red Cross and allows several elderly and disabled persons to receive a solid meal daily. The Kiwanians scheduled to make deliveries are as follows:

- June 02 - DP Emerson
- June 09 - K Mitchellle
- June 23 - K Evelyn
- June 30 - PLG Ernest

## FEEDING THE COMMUNITY

This project involves feeding seventeen less fortunate members of the community who need a Sunday meal. Thanks to the management and staff of Southern Palms Beach Club, Accra Beach Hotel and Sea Breeze Hotel for supplying the meals each Sunday.

Date	12:30 pm	3:15 pm
June 05	K Sandra	IPP Grantley
June 12	DS David	K Curtis
June 19	K Rhea	K Evelyn
June 26	K Orene	K Horace

## READING AT OISTINS PUBLIC LIBRARY

This YCPO project involves reading to the toddlers, ages nine months to four years old, for one hour every Saturday morning from 11.am.

YCPO Reading - June 2011	
June 04	K. Jean & K Sandra
June 11	K. Jean
June 18	K. Shari & DP Veronica
June 25	PLG Ernest

## THE ANTENATAL LECTURE SERIES

This lecture series provides information on nutrition and substance abuse to pregnant mothers at three polyclinics.

Antenatal Lecture Series - June 2011	
Edgar Cochrane Polyclinics	01, 15
Randal Phillips Polyclinic	02, 16
Black Rock Polyclinics	09, 23

**'Serving the children of the world'**

# Club News

**WELCOME:** A warm welcome is extended to all members, visitors and friends. We hope you find the evening informative and interesting!

## Celebrations - June

Birthdays			
Wedding Anniversaries			
John & Jean Wilson	16	Fielding & St. Telia Babb	28

<b>South Club Programmes - June</b>	
<b>07</b>	<b>Guest Speaker</b>
<b>09</b>	<b>Board Meeting</b>
<b>14</b>	<b>Board Review</b>
<b>21</b>	<b>TBA</b>
<b>28</b>	<b>TBA</b>

<b>Other Kiwanis Clubs - Meeting Dates - June</b>			
<b>Bridgetown</b>	<b>01, 08, 15, 22 ,29</b>	<b>Central</b>	<b>13, 27</b>
<b>North</b>	<b>09, 23</b>	<b>Pride</b>	<b>06, 20</b>

## Dates to Remember

June 11      Cake Sale - Southern Plaza  
 June 12      Church Service, AME Church, Collymore Rock  
 June 13      Annual Walk – Garrison to Miami Beach  
 July 7-10      96<sup>th</sup> Annual Kiwanis International Convention,

# South Club in Action

The prizes from the Easter Bonnet Parade and the Steel Band competitions, which formed part of the Coney Island and Fair at Easter, were distributed to the winners at the Fellowship Meeting of May 31, 2011.

In the pictures below, representatives of the winning organisations are seen receiving their prizes from President David.

## Top: Easter Bonnet Parade Winners

Left: 1<sup>st</sup> prize- Vauxhall primary School (1 DELL computer)

Right: 2<sup>nd</sup> prize- PAREDOS Day Nursery (\$500.00 value in books)

## Bottom: Steel Band Competition Winners

Left: 1<sup>st</sup> prize- The Garrison Secondary School (\$750.00)

Right: 2<sup>nd</sup> prize- Combermere School (\$350.00)





## Governor's Message

My dear Kiwanian friends & team members

Over six months have passed but the Kiwanis year has still over four more months left, yes, over four months to join our efforts in order to reach our goals. Over four months to face different challenges.

- **Our growth:** We have a lot to do, and we need more arms to accomplish our main duties 'the children of the world'. Some of our clubs need to have more young men and women in order to assure a long life to their club. They must change, and if they don't, some of them will die.

Some of the clubs need to stop doing some things, start doing new things and continue doing what is worthwhile. The community is waiting on us.

- **Our Service Leadership Program:** the children need us, in the school, in youth clubs and also sport clubs, to complete our action. Because some of the schools in our District, are not quiet open to Kiwanis Clubs you must be imaginative in order to find the right way to serve our children and our youth.
- **Our promise, Our Kayla:** This is a great challenge, but the Eastern Canada and the Caribbean District of Kiwanis International has promised to help to support this campaign. A campaign for the Caribbean: Trinidad and Tobago, Guyana and Jamaica. Are you going to let them down?

No, you will not, we need to achieve our goal of one million Canadian dollars. By September 30<sup>th</sup>, 2011, we must achieve this amount.

- Finally my dear friends, and team members, let me tell you we are one family, let us join our effort in order to reach all of our goals, I know it is not easy, we should not be afraid, you know that in Kiwanis one act of kindness can save the lives of many children, you have help to build, schools, shelter for the homeless, feed the hungry, therefore generate millions of smiles. I must congratulate you for all what I have seen while visiting the different Divisions. Let me tell you dear Kiwanians you are great, I saw dedication, service, but overall the love of Kids.

**OUR KIWANIS YEAR IS NOT FINISHED - WE HAVE OVER FOUR MONTHS TO GO - LET US DOUBLE OUR EFFORTS AND BY SEPTEMBER 30<sup>TH</sup> 2011 WE WILL SAY, ALL OF US TOGETHER, 'YES' WE DID IT!**

*Paul Toussaint, Governor, Eastern Canada & the Caribbean District.*

# GET HEALTHY!!!

## Stress

### *Stress management strategy #1: Avoid unnecessary stress*

Not all stress can be avoided, and it's not healthy to avoid a situation that needs to be addressed. You may be surprised, however, by the number of stressors in your life that you can eliminate.

- **Learn how to say “no”** – Know your limits and stick to them. Whether in your personal or professional life, refuse to accept added responsibilities when you're close to reaching them. Taking on more than you can handle is a surefire recipe for stress.
- **Avoid people who stress you out** – If someone consistently causes stress in your life and you can't turn the relationship around, limit the amount of time you spend with that person or end the relationship entirely.
- **Take control of your environment** – If the evening news makes you anxious, turn the TV off. If traffic's got you tense, take a longer but less-traveled route. If going to the market is an unpleasant chore, do your grocery shopping online.
- **Avoid hot-button topics** – If you get upset over religion or politics, cross them off your conversation list. If you repeatedly argue about the same subject with the same people, stop bringing it up or excuse yourself when it's the topic of discussion.
- **Pare down your to-do list** – Analyze your schedule, responsibilities, and daily tasks. If you've got too much on your plate, distinguish between the “shoulds” and the “musts.” Drop tasks that aren't truly necessary to the bottom of the list or eliminate them entirely.

If you can't avoid a stressful situation, try to alter it. Figure out what you can do to change things so the problem doesn't present itself in the future. Often, this involves changing the way you communicate and operate in your daily life.

(Source: [http://www.helpguide.org/mental/stress\\_management\\_relief\\_coping.htm](http://www.helpguide.org/mental/stress_management_relief_coping.htm))



# INTERNATIONAL NEWS

## Hoping to revive recess

**THOROLD, ONTARIO** - Detrick Deslippe has noticed his fellow students at Alexandra Public School are having a lot more fun at recess as of late. Recently, the Grade 5 student helped unpack all sorts of new sport and play equipment, including hula hoops, frisbees, soccer balls and footballs. The \$1,400 worth of equipment, along with another \$400 worth of resource materials were donated to the school by the Kiwanis Club of St. Catharines through the Education Foundation of Niagara.

Before the school got the equipment, a few lucky kids would play with equipment their friends brought in from home. Or they would make do with the school's older equipment, which was often flat. Others, he said, would just hang out by the bike racks. "I think now people will be playing at recess more," Detrick said. "I think kids will have more fun and get more exercise." That, of course, was the whole point of the Recess Revival program, an initiative of the Education Foundation, which, through a \$7,200 grant from the Kiwanis, set up it up in four city schools, including Maywood, Memorial and Connaught.

Along with equipment, the schools received materials, so that student leaders, such as Detrick, can learn new games and activities and teach them to their peers. Foundation executive director Julie Densham said making the program student-led is a way to make sure it can sustain itself year after year. It's also more likely to catch on. "It's a peer thing," she said. "The little kids are going to look up to the bigger kids."

The program is also meant to address the problem of a lack of activity among kids. According to newly released data from the Canadian Health Measures Survey, only 9 per cent of boys and 4 per cent of girls get enough exercise as set out by the Canadian Physical Activity Guidelines.

Grade 5 teacher Andrea Rose noted that while the school had equipment, it was reserved for phys-ed class. The donation, she said, means kids at recess will have access to more activities. "This will give them more of an opportunity to run around and be more active," she said, adding there was an enthusiastic response earlier this year when she put out a call for student leaders. "It's been great," she said. "The kids are really excited about it."

(Source: [www.kiwanis.org](http://www.kiwanis.org))

# Plain View

## Seizures

"Seizure" is a general term that refers to a sudden malfunction in the brain that causes someone to collapse, convulse, or have another temporary disturbance of normal brain function, often with a loss or change in consciousness.

Most seizures are caused by abnormal electrical discharges in the brain or by fainting (decrease in blood flow to the brain). Symptoms may vary depending on the part of the brain involved, but often include unusual sensations, uncontrollable muscle spasms, and loss of consciousness.

Some seizures may be the result of another medical problem, such as low blood sugar, infection, a head injury, accidental poisoning, or drug overdose. They also can be due to a brain tumor or other health problem affecting the brain. And anything that results in a sudden lack of oxygen or a reduction in blood flow to the brain can cause a seizure. In some cases, a seizure's cause is never discovered. When seizures occur more than once or over and over, it may indicate the ongoing condition epilepsy.

A child who is having a seizure should be placed on the ground or floor in a safe area, preferably on his or her right side. Remove any nearby objects. Loosen any clothing around the head or neck. **Do not** try to wedge the child's mouth open or place an object between the teeth, and **do not** attempt to restrain movements. Once the seizure seems to have ended, gently comfort and protect your child. It's best for kids to remain lying down until they have recovered fully and want to move around.

Following the seizure, kids are often tired, confused, or exhausted and may fall into a deep sleep (called the postictal period). You do not need to try to wake your child as long as he or she is breathing comfortably. **Do not** attempt to give food or drink until your child is awake and alert.

After a seizure — particularly if it is a first or unexplained seizure — call your doctor or emergency medical services for instructions. Your child will usually need to be evaluated by a doctor as soon as possible.

(Source: <http://kidshealth.org>)

### The turtles

A turtle family decided to go on a picnic. The turtles, being naturally slow about things, took seven years to prepare for their outing. Finally the turtle family left home looking for a suitable place. During the second year of their journey they found a place ideal for them at last! For about six months they cleaned the area, unpacked the picnic basket, and completed the arrangements. Then they discovered they had forgotten the salt. A picnic without salt would be a disaster, they all agreed. After a lengthy discussion, the youngest turtle was chosen to retrieve the salt from home. Although he was the fastest of the slow moving turtles, the little turtle whined, cried, and wobbled in his shell. He agreed to go on one condition: that no one would eat until he returned. The family consented and the little turtle left. Three years passed and the little turtle had not returned. Five years...six years... then on the seventh year of his absence, the oldest turtle could no longer contain his hunger. He announced that he was going to eat and begun to unwrap a sandwich. At that point the little turtle suddenly popped out from behind a tree shouting, "See! I knew you wouldn't wait. Now I am not going to go to get the salt."

**Moral of the story:** *Some of us waste our time waiting for people to live up to our expectations; we are so concerned about what others are doing that we don't do anything ourselves.*



## *Laugh A Little*

A little silver-haired lady calls her neighbour and says, "Please come over here and help me. I have a killer jigsaw puzzle, and I can't figure out how to get started." Her neighbour asks, "What is it supposed to be when it's finished?" The little silver haired lady says, "According to the picture on the box, it's a rooster." Her neighbour decides to go over and help with the puzzle. She lets him in and shows him where she has the puzzle spread all over the table. He studies the pieces for a moment, then looks at the box, then turns to her and says, "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a rooster." He takes her hand and says, "Secondly, I want you to relax. Let's have a nice cup of tea, and then," he said with a deep sigh .... "Let's put all the Corn Flakes back in the box."

Charley, a new retiree-greeter at Wal-Mart, just couldn't seem to get to work on time. Every day he was 5, 10, 15 minutes late. But he was a good worker, really tidy, clean-shaven, sharp-minded and a real credit to the company and obviously demonstrating their "Older Person Friendly" policies. One day the boss called him into the office for a talk. "Charley, I have to tell you, I like your work ethic, you do a bang-up job, but your being late so often is quite bothersome." "Yes, I know boss, and I am working on it." "Well good, you are a team player. That's what I like to hear. It's odd though your coming in late. I know you're retired from the Armed Forces. What did they say if you came in late there?" "They said, "Good morning, Admiral, can I get you coffee, sir?"

**TEACHER:** Maria, go to the map and find North America.

**MARIA:** Here it is.

**TEACHER:** Correct. Now class, who discovered America?

**CLASS:** Maria.

**TEACHER:** John, why are you doing your math multiplication on the floor?

**JOHN:** You told me to do it without using tables.

## KIWANIS CODE OF ETHICS

To recognize God as the Supreme Ruler and to abide by his immutable laws.

To endeavour to perfect myself in my chosen occupation, and to use it to the best of my ability as an opportunity to serve others.

To conduct my business or profession on a high ethical plane, so that others emulating my example will help to raise the standards of the vocation in which I am engaged.

To maintain the spirit of fairness in competition, and help eradicate all forms of deception that violates the spirit of the law.

To exert my influence to provide equal opportunity for the wellbeing of mankind.

To promote harmony in everyday contacts, realizing that happiness is one of the major objectives of life, and that happiness depends more on the way we meet the events of life than on the events themselves.

To improve relations between employer and employee, recognizing that tolerance, intelligence, and justice are the common ground on which all disputes should be settled.

To exemplify good citizenship in appreciation of the fact that the strength of the nation depends upon the calibre of its individual citizens.



## NOTES

### *Thought for the Week*

*"Live more. Give more. Forgive more."*

British film producer Trudie Styler

## OBJECTS OF KIWANIS INTERNATIONAL

**To give primacy** to the human and spiritual rather than to the material values of life.

**To encourage** the daily living of the Golden Rule in all human relationships.

**To promote** the adoption and the application of higher social, business, and professional standards.

**To develop**, by precept and example, a more intelligent, aggressive, and serviceable citizenship.

**To provide**, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

**To cooperate** in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.



### What is Kiwanis?

Kiwanis International was founded January 21, 1915 in Detroit, Michigan, by Allen Simpson Brown, a moose lodge organizer and Joseph G. Prance, a tailor. It is an organization devoted to the principle of service to the advancement of individual, community and national welfare and to the strengthening of international goodwill. Since it was founded, it has expanded into a family of service clubs worldwide.

If you believe children are the future, take pride in your community and enjoy meeting new people then Kiwanis is the place for you. Kiwanis members have an opportunity to improve communities one child at a time, build enduring friendships, better the lives of children, participate in fun and fellowship, sharpen leadership skills, develop business contacts, and attain a greater appreciation of their own talents and successes. A Kiwanis club is organized around a core membership of selected service-minded men and women who reflect the community profile. Prospective members are invited to join by existing members.

Join Today!